



The Sentinel

Arizona's First Chapter



The Arizona Chapter

8213 E. Del Camino Dr.

Scottsdale, AZ

85258

SEPTEMBER 2012

CHARTERED 1956 - 56 YEARS OF SERVICE TO COUNTRY

EDITOR: JIM CULLISON

President's Perspective

by John Ady



Welcome Back

Hello, Everyone. I trust you have had a great summer, whether you were traveling, staying in town or a combination of the two.

We had a great May luncheon, followed by a nice, well-attended pizza party at the Organ Stop in Mesa in June. Thanks to **Marie Fredricks** for setting up the pizza event. We all had a good time.

Looking at the luncheon programs from September to December, they all are worthy of your attendance. We made one change from years past in that the annual ESGR awards have been moved from our October picnic to the November luncheon

meeting. The picnic will be a casual affair with great entertainment and no speaker, with the ESGR in a better location for that type of event.

Busy Board

The board of directors in varying degrees will be involved with a number of other events over the next few months. In September four of us will travel to Las Vegas for a MOAA President's Symposium which includes training for chapter presidents, first vice presidents, membership and TOPS chairs. Next, I have one final Arizona Council of Chapters meeting in Camp Verde in early October, plus the annual

MOAA National Conference in Washington, D.C., in late October. We will be receiving another national award for the chapter based on information we submitted for review.

I am also pleased that **Nancy Burt**, one of our board members, is working with other ladies in the chapter on possible new events and programs for our Auxiliary members and spouses. Look for details in upcoming issues of *The Sentinel* or announcements at our luncheons.

Water for Vets

Finally, I would like to take this opportunity to recognize one of our outstanding members and a former chapter president, **Ron Green**, who after finding out there was a chronic need for bottled water for homeless veterans in the area this summer worked with his church and advocates for the homeless to deliver hundreds of bottles to them. Ron's efforts have not gone unnoticed, as he was recently featured

We're a 5-Star Chapter Again!!!

MOAA has notified Chapter President John Ady that the Arizona Chapter has earned its 8th consecutive 5 Star Level of Excellence Award. The award will be presented at the annual meeting in October.

It was a banner year for Arizona, as all eight chapters and the Arizona Council of Chapters won 5 Star recognition.



Continued on page 2

Arizona Chapter Calendar

Board of Directors
meets at 1030 hours
the first Thursday of
the month.

Location: National
Guard Distance
Learning Center, 5636
E. McDowell Rd.
Show ID for entry.
Members are invited
to attend.

Upcoming meetings:
• September 6
• October 4

Member Meetings/
Luncheons are held on
the third Saturday of the
month, Social Hour at
1100, Luncheon at 1200,
at McCormick Ranch
Golf Club, unless noted
otherwise.

Upcoming meetings:
• September 15
• October 20

In this Issue

Page 2

- Scholarship Winners
- September Speaker

Page 3

- Member's Spotlight
- Hall of Fame Selectee
- Top Communicators
- Taps

Page 4

- Water for Homeless Veterans
- Website News
- New Members
- Donations

Page 5

- Personal Affairs

Page 6

- Legislative Update
- Chapter Color Guard

Page 7

- Meal Reservation &
Donation Forms
- Cell Phone Project

Page 8

- October Picnic
- Chapter Staff

7 Scholarships Presented in May

By COL Rob Welch
Scholarship Chairman

At our May meeting the chapter gave out \$7,000 in scholarships ranging from \$500 to \$2,000 to seven JROTC students selected from the 17 schools that we support.

Army Cadet **Destiny Cervantez** of North High School received the \$2,000 Colonel Ron Worthington Memorial Scholarship. COL John Ady, Chapter President, made the presentation. Destiny plans a career as a medical doctor in the United States Army. She has applied for the ROTC program at the University of Arizona.

Navy Cadet **Kristian Dane Jones** of Moon Valley HS received a \$1,500 scholarship, presented by LCDR Terry Tassin, Chapter JROTC Awards Chairman. Dane plans a career in the Navy and hopes to apply for astronaut training. He has been accepted as an ROTC Cadet at Embry Riddle Aeronautical University, College of Engineering.

Air Force Cadet **Jeffrey Alcantara** of Deer Valley HS received a \$1,000 scholarship, presented by COL Rance Farrell, a Chapter Director. Jeffrey plans a career in nursing. At the time of this writing, he was awaiting acceptance at one of four universities.

Air Force Cadet **Sean Brock** of Sandra Day O'Connor HS received a \$1,000 scholarship, presented by Mrs. Jean Hillding, one of the top two contributors to our scholarship fund and a



Scholarship Recipients: From left, Sean Brock, Sherry Palma, Kristian Dane Jones, Destiny Cervantez, Maria Andrade, Jeffrey Alcantara and Analy Benitez.

chapter Auxiliary member. Sean plans a career in Electrical Engineering. At the time of this writing, he was awaiting acceptance at one of three universities.

The following cadets received \$500 scholarships presented by COL Bill Roscher, Scholarship Fund Treasurer:

Army Cadet **Analy Benitez**, Central HS, who plans a career in education and was awaiting acceptance at one of two universities.

Navy Cadet **Maria Andrade** of Cortez HS, who plans a career in nursing and has applied for the nursing program at Arizona State University.

Air Force Cadet **Sherry Palma** of Shadow Mountain HS, who plans a career in law enforcement and has applied to enter the criminal justice program at Northern Arizona University.

September Speaker

Don't be a Victim; Fraud Expert to Warn of Senior Scams

Debra Boehlke, a specialist in crime, fraud and victim resources in the Attorney General's Office, will be guest speaker at our September 15 meeting.

She will describe some of the common scams perpetrated on senior citizens and how to avoid being a victim of the scammers.

Debra has a vast knowledge of crime fraud and serves on the Attorney General's Task Force Against Senior Abuse. She specializes in elder abuse, working to make the state aware of elder abuse and financial frauds, and how to prevent it.



President's Perspective...continued

in Art Sloan's military affairs column in the *Arizona Republic*. I also want thank the chapter members who supported Ron by donating to this worthy cause. See Page 4 for more.

That's it for this month. I hope to see you at the September luncheon on the 15th.

Arizona Centennial Trivia

The Lost Dutchman Mine in the Superstition Mountains was named for Jacob Waltz. What was his nationality? (Answer on page 8)

Member's Spotlight

A Teenager in the Merchant Marine

In 1944, most 16-year-old boys were playing sandlot baseball, watching John Wayne movies and hanging out at the malt shop.

That year, Bill Roscher, Arizona Chapter Treasurer, was an ensign in the U.S. Merchant Marine and a crew member on a Liberty Ship headed for the Pacific war zone. Bill was 16.

He joined the Merchant Marine at 15, made ensign rank at 16, and earned \$300 a month, "more than teachers were making," as he noted. Bill was a radio operator aboard the ship with the nickname of "Sparks." And he was good, sending and receiving coded messages in Morse Code at a rate of 35 words per minute.

His wartime service took him to Eniwetok and Guam. His ship was returning to San Francisco and two days out when VJ Day was declared. He noted that the Merchant Marine suffered the highest casualty rate of any service in World War II.

Bill told the story of two of his shipmates who decided to take a stroll around Guam and surprised some GIs when they came upon a guard post. His shipmates were then surprised when the GIs informed them that they had just taken a walk through enemy territory.

Bill's service earned him the Pacific Campaign and End of War ribbons. He stayed in the Merchant Marine until 1948. His last cruise was around the world, from Portland to Portland. He was all of 19-years-old. After that, he switched to the Army, serving until 1974, including a tour in Vietnam, and retiring as a Colonel.



Bill Roscher recalled his time in the Merchant Marine at the May luncheon. He's holding some of his official documentation. At lower right is his photo as a 16-year-old ensign.



Hall of Fame Greets Ron Perkins

Col Ron Perkins, USAF (Ret), immediate past president, is the chapter's newest selectee to the Arizona Veterans Hall of Fame. The announcement was made in August. He will be inducted at a luncheon Friday, October 26, at the El Zaribah Shrine in Phoenix.

Members wishing to attend to honor Ron can register at the Hall of Fame website, www.AVHOF.org. Price is \$35 each through September 30 and \$45 each after that.



Top Communicators

The Arizona Chapter won first place for all three entries in MOAA's 2012 Communications Awards program.

Chapter President John Ady, left, and National Board Member Gary Fredricks, right, presented first place certificates at the May luncheon to, from left, Editor Jim Cullison for *The Sentinel* newsletter, Webmaster Rob Welch for the chapter website, and Terry Tassin and Dan Conway, for the recruiting brochure they designed.



TAPS

We recently learned of the passing of the spouse of one of our members:

Margaret Rutherford
1914-July 26, 2012

Spouse of COL Bob Rutherford

We extend heartfelt condolences to the family.

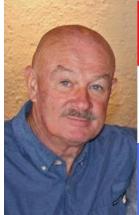




Water for Homeless Veterans

Ron Green and Andria Prayer, Director of the Veterans Outreach Center in central Phoenix, stand aside just a few of the nearly 300 cases of bottled water Ron helped collect for homeless veterans by the end of August.

Many chapter members donated money, and Ron also worked with his church and a local supermarket on the ongoing project. He personally delivered the water to the Outreach Center and hopes to collect 450 cases by October.



Online With The Arizona Chapter
by Rob Welch, Webmaster

Security Page & Honors Page

Our website continues to improve. Please visit www.azchaptermoaa.org to learn timely information about how to protect your personal information from hackers and spammers. Take a look at the video of car thieves in action, and learn to never leave any valuables in your car.

We have added a new feature to the Member Awards page, found under the History/Awards menu bar. We are recognizing members who receive non-MOAA awards and honors while serving as a member of our chapter. If you have an article or honor, either of yourself or another chapter member, you would like to see included, please send it to the webmaster at webmaster@azchaptermoaa.org or mail it to my home address found in the chapter roster listed under the membership menu bar.

Welcome Our Newest Members

George W. Hadley, CWO4, USA (Ret)
Phoenix

Richard Mesh, Col, USAF (Ret)
And his wife Harriet, Phoenix

Richard M. Kimball, Lt Col, USAF (Ret)
And his wife Donna, Phoenix

Marilyn Bertino, Auxiliary
Phoenix

David F. Sale, COL, USA (Act)
And his wife Catherine, Mesa

James L. Morgan, MAJ, USA (Frm)
And his wife Sara Sue, Paradise Valley

Mitchell Culp, Lt Col, AZANG (Act)
And his wife Jane, Scottsdale

John Conley, Maj, USAF (Act)
And his wife Teri Grass, Phoenix

Please meet and greet our new members.

Donations to Chapter Funds

Scholarship Fund

Park Shaw \$500

In Memory of MG John "Fritz" Freund

Rob Welch \$500

In Memory of MG Bill Cugno

Chuck Schluter \$100

In Memory of MG Bill Cugno

Bill Roscher \$100

In Memory of his Brother, Richard

Mr. and Mrs. Karl Ratzsch \$200

John Ady \$100

Paul Schnur \$100

Rob Welch \$50

Park Shaw \$40

Larry DeSanto \$34

Frank Birtciel \$20

Terry and Fran Tassin \$20

Gene Rafanelli \$20

Arizona Chapter \$50

In Memory of Maj Craig Alldredge



Personal Affairs
by Dan Conway
Personal Affairs Officer

Living Wills

Use the term "living will" these days and people usually recall the case of Terri Schiavo, a young woman whose husband battled her parents for almost seven years to terminate her life support. One of the delicate issues in the case, which ended in 2005, involved who should make decisions for her in the absence of a living will.

Underneath the sensationalistic media sound bites, the Schiavo case taught us that everyone of legal age should clarify their health care wishes—including those that affect the end of life—and specify who has the power to make medical decisions in case they cannot.

A living will should plan for life, not just death. If you are hospitalized and cannot make your own medical decisions for a period of time, a clear statement of your health care wishes will be vital. For example, you might want experimental treatments, but no one will know that for sure unless you say so in a living will. Or, you might want a close friend who is more sensitive to your health challenges than a family member to make medical decisions for you. In that case, you must name the person as your health care agent in a document called a health care proxy.

Many documents impact health care. A living will is only one of several essential legal documents that everyone should sign. While it's preferable to have an attorney specializing in estate planning prepare these documents, financial realities may make that impractical. A number of websites provide free sample forms. Another possibility is the "Life Care Planning Packet" published by the Arizona Attorney General's Office.

Not all Internet or free forms are created equal, and whatever source you use—attorney, website or otherwise—you must carefully read the form and be sure it is tailored to address your personal circumstances.

Living Will: The most obvious document is

the living will, which is a statement of your health care wishes. Most living wills provide simplistic, generic statements about not wanting "heroic measures" taken in case of terminal illness. This isn't enough. A living will should address the type of care you want in detail, such as the magnitude of pain relief. What about experimental medical treatments? However, while a living will should be comprehensive, it should also provide your health care agent, the person authorized to make medical decisions for you if you cannot, with general guidelines for making decisions. This is important because you can never anticipate every situation that might arise, and you don't want to prevent the agent from making reasonable decisions in areas you have not addressed. For example, some people include a statement such as this: "My health care agent is authorized to permit experimental medical treatments if any of my physicians indicate that it has potential to help me, regardless of the risks involved."

Other important documents include:

- Health Care Proxy
- HIPAA Release
- Financial Power of Attorney
- Durable Health Care Power of Attorney
- Durable Mental Health Care Power of Attorney
- Pre-Hospital Medical Directive

All of these documents need to be coordinated to avoid conflicts in carrying out your wishes. Signing a legal document and then filing it away is a mistake; you should review these documents at least every three years in light of your current health status and the other documents you have signed. If you have a major health change, you may need to review the documents well before three years. Even the most astute lawyer will not be able to help you communicate important medical decisions without guidance from you about your health status. The guidance you give should be based on discussions you have with your neurologist and other medical providers.

Please consider me as a resource and don't hesitate to call me at 480-368-1427 with your questions and concerns.

Daniel M. Conway



Legislative Update by Gary Fredricks, Legislative Chair

Back to Work

Once again, it's hard to believe our summer chapter break is coming to an end. As a starting point for this article, I reviewed what we were saying a year ago at this time. This year it's very much the same story. Congress is off on their summer break through most all of August with the Senate due back after Labor Day and with the House returning a couple of weeks later. Ostensibly, they are all home listening intently to what we have to say so they can go back and do good work for us. Forgive me for being a skeptic, but in this election year I think they are all doing more talking than listening.

By this time of year, the Senate and the House are supposed to have passed their respective versions of the various Appropriations Bills and the Defense Authorization Bill. Their respective negotiators should be resolving final differences in their respective bills so that the fiscal year can get started properly on October 1. As you well know, that isn't happening.

What Now?

So, where are we now? The House has its version of the Defense Authorization Bill on the street, the Senate has a significantly different one through committee but not through the whole Senate, and DOD is complaining loudly that neither cuts spending far enough. Upon returning from August recess, the Senate will hopefully consider several important MOAA-supported amendments to their version of the FY2013 Defense Authorization Bill, which is considerably less advantageous to us than is the corresponding House Bill. I think it's safe to say that this process will continue for some time. In fact, MOAA reports that before leaving town, House and Senate leaders said they were close to a deal to keep the government funded through March 2013 with a six-month "continuing resolution" that would provide interim funding and thereby stave off a government shutdown when the current fiscal year ends on September 30.

'Perfect Storm'...Again

So, here we have the "perfect storm" all over again. There is little working time left before the elections with a lot of that time relegated to getting elected or re-elected. And that means a lame duck session after the elections will be faced with a raft of appropriations bills and/or a continuing resolution that needs attention, a wartime defense authorization bill that is incomplete, the "fiscal cliff" generated by the expiring Bush-era tax cuts and the looming and severe "sequestration" funding cut requirement, and a 32% cut in Medicare/TRICARE doctor payments required by current law, among other things.

As MOAA reports, things won't get any better for the new Congress that will convene next year. Upon arrival, they will be under severe pressure to fix whatever the lame duck session didn't get around to as well as deal with an imminent requirement to raise the national debt limit while the clock also starts ticking on the 2014 fiscal year funding process.

Your Voice and Vote Count

As frustrating as this all seems, our best bet is to keep tuned to MOAA requests for help convincing our legislators on the right course of action. And, by all means get out and vote for whomever you think can best help to move this whole set of actions forward. Above all, keep the faith. We still have by far the best system out there.

Memorial Day Color Guard

The Chapter again participated in the Memorial Day commemoration to fallen warriors at the National Cemetery in Phoenix. The Chapter Color Guard was composed of, from left, Ron Perkins, Bill Roscher, Frank Hoak, and Jim Cullison.



Wanted: Old Cell Phones

Bring your old cell phones to a chapter meeting for donation to the Cell Phones for Soldiers project. Each cell phone is exchanged for calling minutes allowing deployed service members to stay in touch with their families.

September Luncheon Meeting

WHEN: September 15, 2012
11:00 a.m. Social Hour
12:00 Lunch

WHERE: McCormick Ranch Golf Club
Scottsdale, Arizona

COST: \$20 Per Person

DRESS: Casual

MENU
Pan-seared Mahi Mahi
with Pineapple Salsa
Tossed Salad
Fresh Vegetable Medley
Fresh Bread and Butter
Dessert
Regular & Decaf Coffee & Tea

PROGRAM: Debra Boehlke of the Arizona Attorney Generals Office will tell how to avoid scams aimed at senior citizens.

Reservations must be received by 4 p.m. on Tuesday, September 11. Use the reservation form below. Cancellations must be received the same day to receive your money back.

YOUR PRESCRIPTION. OUR MISSION.



**Taking command of your prescriptions
may be the easiest order you ever followed.**

Get dinner brought to your door and you'll pay a delivery charge. Same way with groceries. But that scenario changes with the TRICARE Mail Order Pharmacy: You actually save money with Home Delivery on the cost of prescriptions you take regularly.

You'll save on copayment costs by ordering fewer refills throughout the year. For the cost of only one copayment, you receive up to a 90-day supply* of your medication with free shipping by standard mail.

Get your prescription mail-order form at www.express-scripts.com/TRICARE or call toll-free 1.866.DOD.TMOP (1.866.363.8667) and start saving immediately.



EXPRESS SCRIPTS®



*The DoD Pharmacy and Therapeutics Committee may set quantity limits on some medications. Other benefit limitations may apply. For more information, go to www.tricare.osd.mil/pharmacy/home.cfm.

© 2007 Express Scripts, Inc. All Rights Reserved D0007-40752

CHAPTER FINANCIAL PARTICIPATION

If you would like to make a donation to one or more of the AZ Chapter Funds, include your check identified with the appropriate fund and mail to: **Bill Roscher, 4337 E. Sands Dr., Phoenix, AZ 85050**.

General Fund: \$ _____

[a 501(c)(3) charitable fund]

Name of Donor : _____ Identify me as a donor in the next newsletter. YES NO

MEAL / MEETING RESERVATION FORM

Please reserve _____ meals for (Name) _____

Enclosed is my check for \$ _____ (**\$20.00 per person**) for **September 15, 2012**

Make check payable to: **AZ Chapter MOAA** Received No Later Than: **September 11, 2012**

Send to: **Bill Roscher, 4337 E. Sands Dr., Phoenix, AZ 85050.** wroscher@cox.net

**Make Your Plans
For the Annual Chapter Barbecue
October 20, 2012
McCormick Stillman Railroad Park
Scottsdale**

Special entertainment and mouthwatering food.
Complete details next month.

Trivia Answer: German.



The Arizona Chapter MOAA - 2012 Board of Directors and Committee Chairs

PRESIDENT COL John Ady USAR	480-596-0780	NEWSLETTER EDITOR LTC Jim Cullison USAF	602-482-3838	CHAPLAIN Vacant
FIRST VICE PRESIDENT COL Rob Welch, USA	623-533-3704	ADVERTISING LTC Jim Cullison USAF	602-482-3838	PERSONAL AFFAIRS CAPT Dan Conway USCGR
SECOND VICE PRESIDENT Lt Col Jim Cullison, USAF	602-482-3838	ELECTRONIC COMMUNICATIONS COL Ron Perkins, USAF	480-961-8632	PROGRAMS COL John Ady, USA
SECRETARY Leonore Hoak	480-664-0047	HISTORIAN / PHOTOGRAPHER LTC Jim Cullison USAF	602-482-3838	ARRANGEMENTS Marie Fredricks
TREASURER COL Bill Roscher USA	480-948-3609	JROTC AWARDS LCDR Terry Tassin USN	623-931-1546	SCHOLARSHIPS COL Rob Welch USA
IMMEDIATE PAST PRESIDENT Col Ron Perkins USAF	480-961-8632	LEGISLATIVE COL Gary Fredricks USAF	480-836-8419	TOPS LIAISON CAPT Frank Hoak USN
DIRECTORS CAPT Frank Hoak USN; Lt Col Ron Green USAF, COL Rance Farrell USA, COL Nancy Burt USA, CDR Jim Draper USN		MEMBERSHIP Col Ron Perkins USAF	480-961-8632	WEBMASTER COL Rob Welch, USA
		AUXILIARY LIAISON COL Nancy Burt USA	480-634-6105	SHARE A RIDE CDR Jim Draper USN
				480-483-7769

Access Arizona Chapter's Internet Web Site at: www.azchaptermoaa.org

**Arizona Chapter
Military Officers Association of America
13819 N. 51st Street
Scottsdale, AZ 85254**



Address Service Requested



Show Your Colors By
Proudly Displaying The
Arizona 'Veteran Plate'
On Your Vehicle. Show How
Veterans Help Veterans.