



The Sentinel

Arizona's First Chapter



The Arizona Chapter

13819 N. 51st Street

Scottsdale, AZ 85254

MARCH 2015 CHARTERED 1956 58 YEARS OF SERVICE TO COUNTRY EDITOR: JIM CULLISON

President's Perspective

by Jim Cullison



Springtime

Spring has almost sprung, but in Arizona we hardly even notice. It's been spring-like for most of the winter. Of course, that's a big reason why we live here.

Another 'Don't Miss'

An outstanding speaker has been scheduled for our March luncheon. Dr. Connie Mariano, who was White House physician to three presidents, will be our guest.

Dr. Mariano served 24 years in the Navy and is a

retired Rear Admiral who still practices medicine. Her topic, "A Journey in Medicine," will be a fascinating story you will want to hear. Read more about Dr. Mariano on Page 2.

Note This Change

In making your plans to hear Dr. Mariano, keep this in mind:

The March luncheon is scheduled for Saturday, March 14, the second Saturday instead of our usual third. A scheduling conflict at McCormick

Ranch prompted the change.

That means the reservation deadline, Tuesday, March 10, is already getting close. Don't miss the deadline, or you'll miss the program.

Don't Forget

There's also another deadline approaching: the cutoff date for renewing 2015 chapter membership. The final day to pay dues for this year is March 31. If you haven't renewed, take a moment to send us your dues so our "One Powerful Voice" can continue to be strong. See Page 3 for renewal information.

Play Golf

It's almost Spring, and that means our annual golf tournament is just around the corner. The event to support the Scholarship Fund is scheduled for Thursday, April 23, at Stonecreek Golf Club in Phoenix.

The beauty of this event is that, thanks to the format Pat Dale has lined up, you don't even have to be a good golfer to win a prize. More info and signup on Page 4.

Arizona Chapter Calendar

Board of Directors meets at 1030 hours the first Thursday of the month.

Location: National Guard Regional Training Institute, 5636 E. McDowell Rd. Show ID for entry. Members welcome.

Upcoming meetings:

- March 5
- April 2

Member Meetings/ Luncheons are held on the third Saturday of the month, Social Hour at 1100, Luncheon at 1200, at McCormick Ranch Golf Club unless noted otherwise..

Upcoming meetings:

- March 14
- April 16

In this Issue

Page 2

- February Speaker
- March Program
- Flag Project

Page 3

- Dues Renewal

Page 4

- Spring Golf Sign-up

Page 5

- Personal Affairs
- State Legislation
- USNR Birthday
- Donations

Page 6

- Federal Legislation
- Military History

Page 7

- Meal/Donation Forms

Page 8

- Chapter Leadership

Do You Know CPR? It Could Save a Life

Cardiopulmonary Resuscitation (CPR) can save a life if administered properly.

Most of us probably received CPR training in the past, but the technique has improved over time and might be different now from what we learned. Or maybe we just need a refresher.

The Chapter will schedule a CPR training session by medical professionals if there is interest by members.

If you would like to attend such a session, let us know. Contact me at cullison30@q.com, 602-482-3838, or any other chapter officer. You never know when you might be in a situation where CPR is required. It's a simple procedure, but it's important to do it right.

February Speaker

Flora Jessop Fights FLDS

Flora Jessop's early years of isolation and abuse led her to undertake an ardent drive to end the same mistreatment against women and children that she suffered.

She described her experience and efforts as our guest at the February luncheon.

Flora was born into the Fundamentalist Church of Jesus Christ of Latter Day Saints (FLDS) in Colorado City, Arizona, on the state border with Utah. The FLDS is not affiliated with the

March Program

Physician to the Presidents

Dr. Connie Mariano's topic as chapter luncheon speaker in March is "A Journey Through Medicine." And what a journey it has been.

Born in the Philippines, her father was a career Navy man and her mother a dentist. After graduating with honors from high school and college, she received a medical degree from the Uniformed Services University of Medicine in Bethesda, MD, and was commissioned in the Navy.

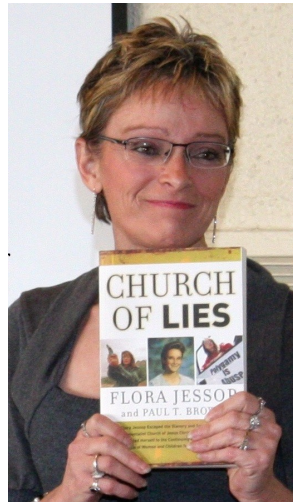
Her service included a shipboard assignment as medical officer on a Western Pacific deployment, head of the urgent care facility at the Naval Medical Clinic at Port Hueneme, CA, and head of general internal medicine at the San Diego Naval Hospital.

In 1992 Dr. Mariano became the first military woman to be named White House Physician. She served in that position through all of President Clinton's two terms and parts of both Bush presidencies. She retired in 2001 as a Rear Admiral, the first Filipino-American to become a Navy Admiral. She has since been affiliated with the Mayo Clinic in Scottsdale and now has a private practice. She has written a memoir and will have copies available at the luncheon.

Remember: the March luncheon is on the second Saturday, the 14th, so don't delay in making reservations.



mainstream LDS church. The FLDS sect's leadership practices polygamy. Flora described how the women are made subservient to the men, and children are taught from their earliest age to be "silent soldiers" for the sect. The children are taught not to laugh or cry and are prohibited from having such common objects as toys and television.



Flora herself was forced to marry her cousin. She said she was not a good wife and was kept in solitary as punishment.

She ran away at age 16 and for the last 20 years has been involved in efforts to free women and children from the FLDS.

Those efforts include covertly providing food to FLDS families, since food is often denied them as

punishment, and placing breakaway children in caring families of any faith.

The FLDS is adept at obtaining government grants and welfare to support the community, and the government has been ineffective in combatting the abuse. Former Arizona Attorney General Tom Horne was successful in getting Mohave County deputies placed in Colorado City, giving people there hope, she said.

The sect leader, Warren Jeffs, is in prison but continues to run the sect, which she said is branching out to other states and Canada.

Flora has written a book, "Church of Lies," about her life and efforts to fight the FLDS.

We Can Help

Need to Dispose of a Damaged Flag?

If you have an American flag that has become frayed, faded or damaged, the chapter has begun a program to dispose of it.

John Ady has identified two reputable sources that will take flags — one for cotton flags and the other for those made of synthetic material (nylon, etc.) that might have components unfriendly to the environment — and dispose of them properly.

Bring your tattered or otherwise unusable American flag to any chapter meeting and it will receive a proper retirement.



Arizona Chapter

Annual Membership Renewal



LAST CALL

AS OF MARCH 1st ONLY 30 DAYS LEFT

Membership Dues for 2015 are due by March 31, 2015

After that date, we must drop you from our roster

Dues for Regular Members are \$20.00

Dues for Auxiliary Members are \$10.00

Your membership is important to us. Please take the time to renew your membership and be a part of the Arizona Chapter of MOAA.

Make your check made out to **AZ Chapter MOAA**

Send to:

Bill Roscher, Treasurer

4337 E Sands Dr.

Phoenix, AZ 85050

ONLY 30 DAYS LEFT

ARIZONA CHAPTER MOAA SPRING GOLF TOURNAMENT

Join us for a morning of fun at the Arizona Chapter's annual fundraising event for the Chapter Scholarship Fund, which helps high school JROTC seniors attend college.

WHEN: Thursday, April 23. Shotgun Start at 8:00 a.m., check-in between 6:30 and 7:30..

WHERE: Stonecreek Golf Club, 4435 E. Paradise Village Parkway South (south of Cactus Rd., west of Tatum Blvd.)

COST: \$70, which includes cart, green fees, range balls, an Italian food buffet luncheon and a few bucks left over for prizes and the Scholarship Fund.

WHO: Members, guests and anyone else wishing to support the youth of the Valley of the Sun.

DRESS CODE: Collared shirts are required. Soft spikes on golf shoes. You can wear sneakers.

WHAT: Reservations and \$70 fee **must be received by April 13**. Please mail fees and the form below to **Pat Dale**, tournament chairman. Questions? Contact Pat at 480-661-5204 or e-mail at patrickdale1@cox.net

SPECIAL RULES: This event will be a single division with 12 place prizes for those with established **USGA** handicaps who provide an Official Index; others will play the **Peoria** handicap system with 10 place prizes (6 holes are randomly selected beforehand to establish handicaps based on scores on those holes). Skill prizes will be awarded on all holes (closest to pin on all par 3s and longest putt made on all par 4s and 5s).

OTHER WAYS TO SHOW SUPPORT: Donate \$25 or more and your name or organization will be posted on a hole as a sponsor. Non-golfers or those unable to play can join us for lunch for \$17.

This is a very friendly tournament. You do not have to be a good golfer to play and have fun at this event. All proceeds, including 50-50 drawings and half of skin game collections, will go to the Scholarship Fund.

----- **CUT HERE AND MAIL WITH CHECK** -----

ARIZONA CHAPTER MOAA GOLF TOURNAMENT GOLFER REGISTRATION AND ENTRY FEE

Name: _____

Phone No: _____

Email Address: _____

(Please Print)

USGA Index: _____

I would like to be partnered with: (names and official USGA Index if they have one. Others will play the Peoria Handicap System.)

Check for \$ _____ included for _____ players (\$70 each).

HOLE SPONSORSHIP (\$25 OR MORE) AND/OR LUNCH RESERVATION (\$17)

Name: _____

Phone No: _____

E-mail Address: _____

(Please Print)

Check for \$ _____ (Hole) \$ _____ (Lunch)

Make all checks to: **AZ Chapter MOAA**
Send to: Pat Dale
12633 E. Kalil Dr.
Scottsdale, AZ 85259
E-mail: patrickdale1@cox.net
Phone: 480-661-5204

Personal Affairs

By Lee Lange
Personal Affairs Officer



State Legislative Report

By Lee Lange
State Legislation Chair

The Dirty Dozen

It's tax time once again and as our members work with their tax preparers or use the latest tax return software to prepare their 2014 returns, we need to remember there are criminals out there who are running a variety of scams. To help us, the Internal Revenue Service has issued its annual "Dirty Dozen" list of tax scams, reminding taxpayers to use caution during tax season to protect themselves against a wide range of schemes ranging from identity theft to return preparer fraud.

The "Dirty Dozen" lists a variety of common scams taxpayers can encounter at any point during the year. But many of these schemes peak during filing season as people prepare their tax returns.

Use Caution

"Taxpayers should be on the lookout for tax scams using the IRS name," says IRS Commissioner John Koskinen. "These schemes jump every year at tax time. Scams can be sophisticated and take many different forms. We urge people to protect themselves and use caution when viewing e-mails, receiving telephone calls or getting advice on tax issues."

Criminals Keep Trying

Illegal scams can lead to significant penalties and interest and possible criminal prosecution. IRS Criminal Investigation works closely with the Department of Justice (DOJ) to shut down scams and prosecute the criminals behind them. But that won't stop criminals from trying to make you their next victim. Click here <http://www.irs.gov/uac/Newsroom/IRS-Releases-the-%E2%80%9CDirty-Dozen%E2%80%9D-Tax-Scams-for-2014;-Identity-Theft,-Phone-Scams-Lead-List> to view the "Dirty Dozen" list. Most of us know about these scams but it never hurts to review the latest ways the bad guys try to separate us from our money.

USNR, A Century of Service

The U.S. Navy Reserve was created March 3, 1915, by Congress. Navy Reservists served in every wartime operation since WWI. Happy Birthday!

Veterans Caucus Meets

This year's legislative session is well underway with various bills in the news every day as the Legislature works to consider proposed new laws and prepare a 2016 budget for the Governor's signature.

Working on Our Issues

Less well known is a small group of legislators that make up the Veterans Caucus. The Veterans Caucus works on ideas for legislation on veterans' issues and then works to get the legislation passed. On February 18, the group met at the Capitol to elect new co-chairs. The new co-chairs are first term Representative Richard Andrade from District 29 and first term Representative Noel Campbell from District 1.

In a meeting attended by many of the veterans and military service organizations in Arizona, the two leaders stated that their focus this session was on incarcerated veterans in Arizona and what can be done to help them.

County Program Is Helping

Presenters from the Maricopa County Sheriff's Office told the group that at any one time there are about 95 – 115 veterans in Maricopa County detention facilities. The average stay for these veterans is one month. Maricopa County is implementing a new program that houses veterans in their own pod to facilitate mutual support. The county's Incarcerated Veterans Assistance Program brings in volunteers to provide counseling on education, employment, child support issues, money management and VA benefits. The goal is to prevent these veterans from returning to jail in the future. Mohave County is working on a similar program.

The Veterans Caucus strongly supports these efforts and is looking for other ideas to help with this problem.

Donations to Chapter Scholarship Fund

Janet Stultz \$50

Kathy Upchurch \$25

January 50/50 Raffle \$60



Legislative Update

by Gary Fredricks
Federal Legislation Chair

Budget Plays Familiar Tune

As predicted last month, the FY2016 federal legislative agenda got started in earnest in February with the release of the President's FY2016 budget proposal and initial hearings by the House and Senate Armed Services Committees on the Military Compensation and Retirement Modernization Commission (MCRMC) report that was released in late January.

The Administration's FY2016 budget proposal as expected did not include any references to the MCRMC and pretty much regurgitated previous year's calls for substantial cuts to military people programs. The \$4 trillion proposal included significant increases to the Pentagon's budget in opposition to the cuts currently required by sequestration. However, the same old calls for capping military pay, increasing out-of-pocket housing costs, reducing the commissary subsidy, reducing end strength, establishing a means-tested TRICARE For Life and significantly overhauling and reducing the value of other TRICARE programs were once again included.

As usual, MOAA was ahead of the game on this and provided us pre-written letters to key Congressmen on these issues in the last issue of the MOAA magazine. I hope you all took the time to tear these out, sign them, put a stamp on them and mail them. That's how we combine our voices to get our opinions in front of our legislators.

MCRMC Recommendations

The MCRMC report contained 15 specific recommendations, most of which were at least to some extent fairly predictable. The recommendations include; replacing the current cliff vested retirement system with a blended defined benefit and 401k-style retirement package, replacing TRICARE (not TRICARE For Life) with a subsidized selection of commercial insurance plans similar to those available for federal employees, creating a new two-tiered cost structure for Survival Benefit Plan deductibles to mitigate the effect of DIC

deductions, consolidating the exchange and commissary systems, expanding Space-A travel, consolidating Reserve component status and creating a joint medical command structure across the services.

Sequestration Still Looms

The Commission hastened to state that their mandate was not to cut costs, but to modernize the system. However, there is no free lunch, and sequestration is still a matter to be dealt with. As always, the devil is in the details which, MOAA is deep into analyzing.

What we do know is that due to the ground rules provided by Congress to the Commission the recommendations do not apply to currently retired service members. Under the current proposal current service members would have the option to keep the existing system or transition to a new hybrid system while new entrants would be required to use the new system. MOAA fully appreciates that previous well-intended pay and retirement "modernization" has not gone well, resulting in severe recruiting and retention issues that caused them eventually to be rescinded. The Administration has 60 days to analyze and report to Congress its views on the Commission recommendations.

Many Questions

And so, the beat goes on. Will the House and Senate Budget Committees come up with an alternative to sequestration? Will the Administration support any of the Commission recommendations this year? Will Congress adopt any of them in their appropriations and authorization process this year? Will the mandated Medicare/TRICARE reduction in payments to doctors get fixed before its March implementation schedule? Will the Coast Guard be impacted by a failure to fund the Department of Homeland Security by March? As always – stay tuned.

Military History

Vietnam 1965, 50 Years Ago

March 2: the Rolling Thunder air campaign to bomb targets in North Vietnam begins.

March 8, the 9th Marine Expeditionary Brigade comes ashore at Da Nang, South Vietnam, the first U.S. combat troops deployed to the country.

March Meeting

WHEN: March 14, 2015
11:00 a.m., Meet & Greet Social
Hour; 11:45, Lunch

WHERE: McCormick Ranch Golf Club,
Scottsdale

COST: \$22 Per Person

DRESS: Business Casual

MENU: Beef barley soup, traditional Cobb
Salad, bread and butter, carrot cake.

Anyone with dietary restrictions or allergies
contact Arlene Day (arlenebday@gmail.com
preferred) one week prior so alternate food
selections can be arranged.

PROGRAM: RADM Dr. Connie Mariano,
physician to three U.S. presidents and the first
woman to head the White House Medical
Staff, will be guest speaker on the topic "A
Journey in Medicine."

Reservations must be received by 4 p.m. on
Tuesday, March 10. Use the reservation form
below. Cancellations must be received the
same day to receive your money back.

YOUR PRESCRIPTION. OUR MISSION.



**Taking command of your prescriptions
may be the easiest order you ever followed.**

Get dinner brought to your door and you'll pay a delivery charge. Same way with groceries. But that scenario changes with the TRICARE Mail Order Pharmacy: You actually save money with Home Delivery on the cost of prescriptions you take regularly.

You'll save on copayment costs by ordering fewer refills throughout the year. For the cost of only one copayment, you receive up to a 90-day supply* of your medication with free shipping by standard mail.

Get your prescription mail-order form at www.express-scripts.com/TRICARE or call toll-free 1.866.DOD.TMOP (1.866.363.8667) and start saving immediately.



EXPRESS SCRIPTS®



*The DoD Pharmacy and Therapeutics Committee may set quantity limits on some medications. Other benefit limitations may apply. For more information, go to www.tricare.osd.mil/pharmacy/atm.op.cfm.

© 2007 Express Scripts, Inc. All Rights Reserved DD007-40752

CHAPTER FINANCIAL PARTICIPATION

If you would like to make a donation to one or more of the AZ Chapter Funds, include your check identified with the appropriate fund and mail to: **Charlie Bitner, 134 E. Northview Ave., Phoenix, AZ 85020, 602-943-0028, charles.bitner@gmail.com.**

General Fund: \$ _____

Scholarship Fund: \$ _____ [a 501(c)(3) charitable fund]

Name of Donor : _____ Identify me as a donor in the next newsletter. YES___ NO___

MEAL / MEETING RESERVATION FORM

Please reserve _____ meals for (Name) _____

Enclosed is my check for \$ _____ (**\$22.00** per person) for **March 14, 2015**

Make check payable to: **AZ Chapter MOAA Received No Later Than March 10, 2015**

Send to: **Charlie Bitner, 134 E. Northview Ave., Phoenix, AZ 85020, 602-943-0028, charles.bitner@gmail.com.**







**BEN'S
ICE CO.**
(602)437-3139

Cubes
Blocks
7lb. • 10lb.
20lb.

Benson H Huddleston
General Manager/Owner

7246 S. 41st St.
Phoenix, AZ **85042**

The Arizona Chapter MOAA - 2014 Board of Directors and Committee Chairs

<p>PRESIDENT Lt Col Jim Cullison, USAF 602-482-3838</p> <p>FIRST VICE PRESIDENT Col Dave Fleming, USAF 480-248-6012</p> <p>SECOND VICE PRESIDENT Col Lee Lange, USMC 713-232-3609</p> <p>SECRETARY Leonore Hoak, spouse 480-664-0047</p> <p>TREASURER Col Charles Bitner 602-943-0028</p> <p>IMMEDIATE PAST PRESIDENT COL ROB Welch, USA 480-207-6446</p> <p>DIRECTORS: COL Nancy Burt USA, CDR Jim Draper USN, COL John Ady, USA, CAPT Frank Hoak III, USN, Beth Cullison, spouse</p>	<p>NEWSLETTER EDITOR Lt Col Jim Cullison USAF 602-482-3838</p> <p>ADVERTISING Lt Col Jim Cullison USAF 602-482-3838</p> <p>ELECTRONIC COMMUNICATIONS Lt Col Jim Cullison, USAF 602-482-3838</p> <p>PUBLIC AFFAIRS OFFICER LCDR Mark Day, USN 480-837-1900</p> <p>HISTORIAN / PHOTOGRAPHER Lt Col Jim Cullison USAF 602-482-3838</p> <p>JROTC AWARDS LCDR Terry Tassin USN 623-931-1546</p> <p>LEGISLATION Col Gary Fredricks USAF 480-836-8419</p> <p>MEMBERSHIP Col Dave Fleming USAF 480-248-6012</p>	<p>AUXILIARY LIAISON COL Nancy Burt USA 480-634-6105</p> <p>CHAPLAIN Vacant</p> <p>PERSONAL AFFAIRS Col Lee Lange USMC 713-232-3609</p> <p>PROGRAMS COL John Ady USA 480-596-0780</p> <p>ARRANGEMENTS LCDR Arlene Day, USN 480-837-1900</p> <p>SCHOLARSHIPS COL Rob Welch USA 480-207-6446</p> <p>TOPS LIAISON CDR Jim Draper USN 480-483-7769</p> <p>WEBMASTER COL Rob Welch USA 480-207-6446</p> <p>SHARE A RIDE CAPT Frank Hoak USN 480-664-0047</p>
---	---	--

Access Arizona Chapter's Internet Web Site at: azmoaa.org

Arizona Chapter
Military Officers Association of America
13819 N. 51st Street
Scottsdale, AZ 85254



azmoaa.org



ADDRESS SERVICE REQUESTED



Show your colors by proudly displaying the Arizona Veterans Plate on your vehicle. Show how veterans help veterans.